

# First Aid Meet

**January 12, 2019**

**Sacred Heart Catholic Church**

**109 N Frazier St**

**Conroe, TX 77301**

The First Aid Meet is an event for Scouts in troops to challenge their abilities to perform first aid in simulated real-life situations. Patrols compete in practical first aid problems, displaying hands-on skills from the Scout Handbook, First Aid Merit Badge pamphlet and current American Red Cross guidelines. The top three scoring patrols represent the district at the [council First Aid Meet](#) on February 9th. The first aid meet is being hosted by Troop 1517.

## Registration

This is the first time in a while the George Strake District is conducting a first aid meet, so please forgive any hiccups. There will be no associated registration fee for this event this year. You may register as many patrols as you'd like. Patrols are made up of five to eight Scouts. Registration will close on 1/7/19. There is no onsite registration. Please send an email to Jude McCormick ([jude.mccormick@lonestar.edu](mailto:jude.mccormick@lonestar.edu)) with details on your patrols including patrol names and patrol members. Keep in mind that patrols that move on to the Council meet must be comprised of the same members.

## Schedule

8:00 am	Patrols and judges check-in
8:30 am	Judges meeting and patrol placements
9:00 am	Competition begins

10:45 am	Scores are tallied
11:00 am	Awards ceremony

## What to Bring

- [BSA Annual Health and Medical form](#) (Parts A, B) for every participant
- Each patrol is expected to provide all equipment needed to demonstrate proficiency in first aid problems, including poles and blankets or other material for making an improvised stretcher; a troop/patrol size first aid kit with splints, bandages and sunscreen; sleeping bag; bottles of water for patrol members.
- Troop 1517 will provide mannequins for patrols to practice on during the event.
- Troop flag
- A positive attitude and a spirit of fun.

## First Aid Meet Rules

Scenarios: For each scenario, there will be five Scouts allowed in the contest grid. All other patrol members must sit out. Each member should serve as a victim in at least one scenario. No books, electronic devices, cards or pamphlets are allowed. The final scenario will be a Mega Scenario, in which all five Scouts will have to actively participate.

Judging: The judging standard will be the current *Scout Handbook*, First Aid Merit Badge pamphlet and current American Red Cross guidelines. Scouts will need to know how to perform CPR with respirations and compressions and how to use an AED. They should also be familiar with current bleeding control methods.

Judges: We hope to have judges from the health community on hand as judges during this event, but please be prepared to have an adult Scouter or parent on hand to volunteer as a judge as needed. While not mandatory for participation, this adult judge will ensure enough judges to assist with the meet and finish in a timely manner. Judges will be instructed in scoring procedures prior to the scenarios and will not judge their own team.

## Photographs

Notice! Please be advised that promotional videotaping/ photography may be in progress at any time at an event. Your entrance constitutes your agreement that the council and district has the right to reproduce your likeness in videography/ photography for promotion (e.g., publications, internet, newspaper).

## Scouting Safely

The [BSA's Commitment to Safety](#) is ongoing and we want you to know that the safety of our youth, volunteers, staff, and employees cannot be compromised. The Boy Scouts of America puts the utmost importance on the safe and healthy environments for its youth membership. The Sam Houston Area Council takes great strides to ensure the safety of its youth as well as the adult volunteer leadership that interacts with them.

BSA [Guide to Safe Scouting](#) policies must be followed. All participants must follow [Youth Protection Guidelines](#) at all Scouting events. Highlights include:

- Two-deep leadership on all outings required.
- One-on-one contact between adults and youth members is prohibited.
- The buddy system should be used at all times.

- Discipline must be constructive.

Health and safety must be integrated into everything we do, to the point that no injuries are acceptable beyond those that are readily treatable by Scout-rendered first aid. As an aid in the continuing effort to protect participants in a Scout activity, the BSA National Health and Safety Committee and the Council Services Division of the BSA National Council have developed the "[Sweet Sixteen](#)" of BSA safety procedures for physical activity. These 16 points, which embody good judgment and common sense, are applicable to all activities.